ADAPTED PHYSICAL EDUCATION ADDED AUTHORIZATION
GUIDELINES AND HANDBOOK

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Mission Statement

The mission of the Department of Kinesiology, California State University, San Bernardino is to maintain its reputation as a recognized leader in the field of adapted physical education. We fulfill this mission by offering unparalleled opportunities and experiences in classes, seminars, field work experiences, clubs, and organizations dedicated to the study of adapted physical education. The Adapted Physical Education Added Authorization (APEAA) takes advantage of an infusion of information (about individuals with disabilities) throughout the undergraduate Kinesiology curriculum as the basis for more elegant academic preparation. That is, the APEAA program is designed to prepare effective teachers of adapted physical activity. These teachers will assess motor performance, prepare individual educational plans, implement instruction with effective teaching behaviors (instructional strategies), and evaluate the effectiveness (student achievement, teacher effectiveness, and curricular efficiency) of their work.

To prepare effective teachers and to become a recognized leader in the field of adapted physical education. Effective APE Specialists will be able to:

a) Write IEP goals and benchmarks, design lesson plans, and implement appropriate instructional programs for individuals with disabilities
b) Apply strategies for managing inappropriate behavior caused by organic and environmental and factors in individuals with disabilities in physical activity settings
c) Appreciate health, safety, and liability considerations as it relates to standards of practices in adapted physical education.
d) Employ measurement and evaluation procedures for assessing movement performance in individuals with disabilities.

Program Design

The following teaching credentials holders can apply to the program; Single Subject in Physical Education, Multiple Subjects, and Educational Specialist. Each candidate will have different APEAA course requirements depending on the candidates’ academic experiences and teaching credentials. The California State University Adapted Physical Education Coordinators have adopted the general guidelines for different credential holders.
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**Admission to CSUSB**

- Submit a completed graduate application via CSU Apply:
  [https://www2.calstate.edu/apply](https://www2.calstate.edu/apply)

- Submit official transcripts
  Include transcripts from all previous schools attended.

- Submit application fee:
  The current application fee is $55.
Admission to APEAA Program

In order to be admitted to the APEAA program, candidates’ must fully complete a Program Admission File (PAF). Only students admitted to the university can apply to the credential program.

- Submit your PAF to Program Admissions to the College of Education (COE) Student Services CE-102, 909-537-5609 or to Jennifer Olson, Program Admission Technician.
- Submit PAF fee:
  The current application fee is $35.

APEAA Courses (20 quarter units)

KINE 311 Introduction to Adapted Physical Education (4 units)
KINE 330 Movement Skill Assessment for Individuals with Disabilities (4 units)
KINE 332 Nature of disabilities (4 units)
KINE 333 Applied Behavior Analysis (4 units)
KINE 334 Seminar in Adapted Physical Activity (4 units)

Kinesiology APEAA coursework requires 16 hours of Early Field Experience (EFE: Visiting and observing various PE settings with students with disabilities) for each 4-unit class as part of individual course requirements. The purpose of EFE experiences is requiring service learning that reinforces academic coursework with practical EFE to illustrate the relationship of APE with Kinesiology, especially pedagogical Kinesiology. Students receive sage advice and exchange ideas while learning factors essential to effectively communicating with collaborative partners.

Multiple Subject Credential and Education Specialist Credential Holder Requirements

For Multiple Subject Credential and Education Specialist Credential Holders: Complete 17 units of coursework (see below) or pass California Subject Examinations for Teachers (CSET) in PE (all parts):
CSUSB Kinesiology (KINE) or equivalent courses (subject to transcript and program syllabus verification). Select 17 units from the following courses with nine units from the core and eight units from pedagogy courses:

Core Kinesiology Courses (9 units)

KINE 479/480 Qualitative Biomechanics (5 units)
KINE 325 Motor Development (4 units)

Pedagogy courses (select 8 units)

KINE 472 Program Design in Physical Education (4 units) or
KINE 473 Instructional Strategies in Physical Education (4 units)
KINE 324 Psychology of Physical Activity (4 units)

Mandatory Advising

Advising is viewed as educational and career planning individualized with a candidate's career endeavors. CSUSB APEAA candidates’ must meet with the APEAA program coordinator for advising prior to submit the PAF file to COE.
Student Teaching

*Dual Placement in APE and GPE Student Teaching*

Student teaching for candidates in APEAA program will consist of a dual placement in APE and general physical education (GPE). Candidates will continue to student teach one quarter of GPE settings, and another quarter of APE settings with an APE specialist master teacher. The COE Supervision Staff serve APEAA candidates in the supervised field experience portion of their credential program. APEAA candidates must obtain a copy and follow the procedures of the [CSUSB Single Subject Student Teaching Handbook](#).

In addition, candidates will be at their sites for two additional periods, during which they will assess student work, prepare lessons, conference with their master teacher or university supervisor, meet with students, contact parents, and observe other teachers both in their discipline and across disciplines. The APE Specialist master teacher will be the primary Cooperating teacher for the candidates’ assignment with input from the GPE Specialist master teacher.

An alternative student teaching option for current single subject PE credential holder candidates during the quarter can be single placement student teaching in APE for 10 weeks (1 quarter lengths).

*Written Assignments*

All APEAA candidates must complete the following written assignments during the student teaching periods.

1. **Behavioral Modification Data Sheet**
   - Identify a child with a behavior problem
   - Develop an individual behavioral plan, including class rules, rewards, and consequences

2. **APE Specialist Credential Standards of Program Quality**
   - Self-evaluation form
   - Need to check the column which best describes your perceived competency in the knowledge and application of the standards as it pertains to your teaching APE.

3. **Observation of Application of Scientific Principles of Motor Behavior**
➢ This form should be filled out by the master teacher.

4. APE Specialist Credential Standards Teacher Effectiveness Professional Evaluation Form

➢ This form should be filled out by the master teacher.

Fieldwork Supervision Staff

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Web-site: https://coe.csusb.edu/teacher-education/fieldwork-supervision